

## Pilgrimage Final Countdown Checklist

- ✓ **Prescriptions** – Get a letter from your doctor for medications you are bringing. Best practice: All prescriptions should be in their original, labelled containers and carried in your carry-on bag.
- ✓ **Safeguard Your Documents!** Make two copies of all your travel documents in case of emergency. Leave one copy with a trusted friend or relative at home and carry the other separately from your original documents (which you will also have with you). To help prevent theft, do not carry your passport in your back pocket, and keep it separate from your money. Wallets made of RFID fabric and crossbody bags with the same protection and a slash resistant strap are recommended to prevent loss of valuable personal information.
- ✓ **Dress-** At the homes, longer skirts and tops are the accepted dress for woman. In the urban areas or safari, anything that makes you comfortable. Err on the side of more conservative dress in general (no short shorts, tees with any political or controversial messages, cutoffs, etc.) Light weight/cargo/capri pants suggested for safari.
- ✓ **Sun Protection** - we are going to be near the equator where the sun will be the strongest. Make sure you pack sunscreen with an SPF of at least 45 and pack a wide brimmed hat and use them when we are outside.
- ✓ **Money:** Travelers cannot exchange or use US currency printed earlier than 2006. New crisp bills in the denomination of \$100 or more are the best for monetary exchange. ATMS may not be safe and are often a target for crime. We will be exchanging money for the local currency on Day 1 of our trip. A guesstimate of \$\$ needed for additional meals is \$350 per person.
- ✓ **Credit/Debit card** - file a travel alert with your bank and credit card companies
- ✓ **Health Insurance** - you may want to check with your health insurance company about procedures for accident or illness care when traveling internationally. Everyone should carry a copy of their health insurance card regardless.
- ✓ **Phone** - Contact your cell phone company to inquire about international calling information.
- ✓ **Download the phone application “What’s App”.** I will be adding you to the group list called AMP. This is the way we will communicate without using phone data during the trip. You can also text back and forth to home this way without a charge. You will

want to put everyone in to your contacts list on your phone so you can identify who the message is from. (**NEED phone list.**)

- ✓ Adapter for charging electronic devices (Amazon: [https://www.amazon.com/Pack-Travel-Adapter-Type-Plug/dp/B072K3Y9KH/ref=asc\\_df\\_B072K3Y9KH/?](https://www.amazon.com/Pack-Travel-Adapter-Type-Plug/dp/B072K3Y9KH/ref=asc_df_B072K3Y9KH/?))



Everyone will carry and check two pieces of luggage – one for personal items, one for supplies. Bring one bag to the packing party. It is not necessary to bring the bag with your personal items.

### Packing guidelines

- Checked baggage must not exceed the following dimensions: 158 cm (height+width+depth) (including pockets, wheels and handles) and cannot weigh more than 50 pounds
- Each piece of hand baggage may not be larger than 55 x 40 x 23 cm. Except for foldable garment bags which are accepted as hand baggage up to a size of 57 x 54 x 15 cm. In addition to your carry-on bag, you can bring one small personal item with you. The weight of your personal item must be included in the total weight of your hand baggage. The total weight should not exceed 26 pounds.
- International security rules apply for carrying liquids and gels in your hand baggage. A limited amount of liquids and gels are permitted in your hand baggage. You may bring a maximum amount of 3.4 ounces divided into individual containers, **no more than 3.4 ounces each**. Your liquids and gels must also be stored in a transparent, resealable plastic bag.

### **IMPORTANT!! February 13 7:00 PM or after: Check- in on the airline website**

(must be within 24 hrs. of the trip) Watch your What's App. we'll be sending a message if the flight is on time or not)

**February 14 11:00 AM.** Meet at the church no later than 11:00AM. Bus will be picking us up at 11:30AM in the church lot. It is recommended that you have someone drop you off at the church instead of leaving your car unattended for 12 days. You should also plan to contact someone after we arrive back in the US and have cleared customs to pick you up at the church lot.

### Checklist for plane

**Travel Documents** - The following documents should be kept in an easily accessible envelope or folder and carried in your personal item on the plane

- ✓ Passport
- ✓ Copy of Visa approval letter
- ✓ Small passport size photo
- ✓ Travel Immunization record including yellow fever vaccine

- ✓ Copy of your travel insurance letter from Allianz
- ✓ Copy of Health Insurance Card
- ✓ Copy of important phone numbers
- ✓ Flight itinerary

**Water** - You will not be allowed to carry bottled water through security. Water must be purchased in or on the way to the gate area.